

7 th grade health	7 th grade PE	9 th grade PE	9 th grade health	Weightlifting
Focus: students will understand why teens drink and the reasons teen alcohol use is harmful	Focus: badminton drop shots	Focus badminton serve	Focus: review to-bacco	Focus: medicine balls/reaction times
Startup activity: ask students why teens use alcohol and write the reasons on the board	Warm-up: same as above	Warm-up: same as above	Startup activity: go over the home-work assignment	Warm-up: same as above
Lecture/discussion	Teach the drop shot	Teach correct way to serve	Student lead	Supervise, correct form
Activity: students will write a magazine article why teens should not drink	Game	Game	Activity: students will get into three groups. Each group will look at one section from the chapter, they will highlight the important things and re-teach the class	Activity: doing the workout