

Name _____

Fundamental Movement Test

Directions: Draw an arrow from the word to the right picture.

1. Walk



2. Run



3. Leap



4. Jump



5. Hop



6. Slide



7. Gallop



8. Skip



True or False: Circle True if the sentence is right. Circle False if it is wrong.

9. When walking you want to keep your eyes up. T F

10. Hopping is done on one foot. T F