

## LESSON PLAN

**Student Teacher** Ms. Piatt, Mr. Williams, Mr. Minnich  
09

**Grades** 4-6<sup>th</sup> **Teaching Date** 12-3-

|   |
|---|
| <b>Subject: Review group skills</b>   |
| <b>Standard(s):</b><br>Standard 5: Responsible Personal and Social Behavior: Students exhibit responsible personal and social behavior that respects self and others in physical activity settings.<br><br>Standard 6: Value of Physical Activity: Students value physical activity for health, enjoyment, challenge, self-expression, and/or social interaction. |
| <b>Performance Objective(s)/Indicator(s)</b><br><br><b>Psychomotor: none</b><br><br><b>Cognitive: TSWBAT understand safety precautions of group activities 100% of the time. (5.5.2)</b><br><br><b>Affective: TSWBAT participate with enthusiasm 100% of the time. (5.5.3) (5.6.1) (5.6.2)</b>  |
| <b>Equipment Needs:</b><br>Spider web, 2 foam balls   |

### PRACTICE OPPORTUNITIES

| Time       | Instructional Activities (Detailed)  |
|------------|--|
| 1:10- 1:14 | Introduction (see below)   |
| 1:14- 1:24 | Spider web<br>Students will get everyone through the web without touching the net  |
| 1:24- 1:31 | Foam ball Passover<br>Start in 2 groups<br>Students lay with backs on the ground in a line head to toe<br>Pass a ball with their feet to the next person who receives the ball with their feet |
| 1:31- 1:37 | Silent ball<br>Students spread out and pass the ball to one another without talking<br>Everyone has to touch the ball before someone else can touch the ball again                             |
| 1:37- 1:40 | Closure  |

## PROCEDURES

### **Introduction** (Set Induction):

Today we are working on some more cooperative skills. Can anyone tell me some skills that we have already worked on? Answers: communication, teamwork, and trust. What are some examples of these skills? Why are these skills important? When do we want to use these skills? We need to make sure that we are paying attention and following the rules today so no one gets hurt. We are still going to be working on these skills today.

### **Organizational Plan** (How will students and equipment be organized?):

## SKILL ANALYSES

| Skills to be Taught | Teaching Cues                                  |
|---------------------|--|
| Communication       | Listening<br>Eye contact<br>focusing           |
| Teamwork            | communicating<br>working together for one goal |
| Trust               | having confidence in your teammates            |

### **Closure:**

What skills did we use today in these different activities? Why was it important to use the skills we used today? What was your favorite activity we did the whole unit? Why? Mr. Totheroh, Ms. Carlise, and Ms. Wagler are going to be working on the same activities. So make sure you pay attention and listen to them.