## High School Incident

During my high school student teaching placement, I found a note that one of my students had written that concerned me. One of my students had left their book in my class. I looked in the book to see if there was a name or anything that could help me find out who the book belonged to. What I found instead was a note from the student that greatly concerned me. In the note, she had said some things that were concerning, such as she felt alone and needed help. When I found the note, I knew that it could not be ignored and took the proper actions necessary in order to help this student. I looked up the book number and found who the book belonged to. I had this student in class and had never thought that she might be feeling this way. Still, I knew that it was my responsibility to help this student. I was worried that this student was feeling stressed and alone and needed someone to talk to.

In order to help this student, I went to the guidance counselor for advice. I showed the guidance counselor the note and explained the situation. After talking to the guidance counselor, we both agreed that it would be best if the student went to talk to her. The student was brought down to guidance during my class. I did not tell her I found the note because the guidance counselor felt that the student might get defensive since she did not know me that well.

After the student went to meet with the guidance counselor, I made sure to follow up on the situation. I also made sure to document the situation in case a situation like that happened again. I documented the email I sent out to the guidance counselor and also noted when we had the conversation about the student. I wanted to make sure I had all my bases covered and to have evidence of the situation. I knew that my student needed help and it was my responsibility to help her in any way possible. It is my duty to help my students, and if a student is reaching out for help, I will help them in any way I can.