



**Title of Book:** Vera Goes to the Dentist

**Author & Illustrator:** Vera Rosenberry

**Publisher:** Henry Holt & Company    **Copyright Year:** 2002

**Reading Level:** Grade PreK-3    **Genre:** Realistic Fiction

**SYNOPSIS OF STORY:** Vera finds out that she will be visiting the dentist for the first time. Her sisters go first, while Vera waits in the waiting room. Once it's her turn, Vera is taken back to get her teeth cleaned. Going to the dentist seemed easy, until a whirring machine came towards her! This was not what Vera expected, and she ran out of the office. Finally, after the dentist reassured her that she would be okay, Vera went back to try again. She realized that the dentist really was okay, and that she could look forward to going back next time!

**THEME:** Visiting the Dentist, courage

#### **ACTIVITY ONE:**

**Origin:** Original of my own

**Objective:**

- After a visit from a dentist, the student will understand the procedures of an appointment with their dentist.

Have a class speaker; invite a dentist to visit the class. Allow him or her to discuss what happens when a patient goes to the dentist. The dentist could demonstrate some of the procedures of visiting the office, so that anyone who is anxious about their appointment will be more comfortable their first time.

#### **ACTIVITY TWO:**

**Origin:** Original of my own

**Objectives:**

- To encourage visits to the dentist, the student will make an advertisement to promote dental health.

Create an advertisement to encourage children to visit the dentist. The advertisement should promote visits to the dentist and should aim to give confidence to children who are worried about the visits. The advertisement should have pictures, and a statement to promote children to take care of their teeth by visiting the dentist.