

Name _Emily Quandt_____

Date _March 18th, 2005_____

Trade Book Sheet

Title of book: _Too Many Tamales_____

Author's name: _Gary Soto_____

Publisher: _Scholastic_____ Copyright year: _1993_____

Reading level: _670L_____ Genre: _Multi-cultural_____

Synopsis of story:

Maria and her mother were making tamales. She felt grown up but she really wanted to wear her mother's ring. When her mother left the room she put on her ring and went back to making the tamales. Her family came for the Christmas celebration and she played with her cousins. Then she realized she lost the ring in the tamales. She had her three cousins help her eat all the tamales to find the ring. When the tamales were gone and no one had found the ring, she thought her cousin Danny had swallowed it. She decided she had to tell her mother. When she was about to confess she saw the ring on her mother's finger. Then she told her what had happened and that all the tamales were gone. Her Aunt said they would just have to make another batch. By the end Maria was laughing about what had happened.

Standard:

4.4.2 Describe how culture influences personal health behavior.

Activity:

When we are done reading and discussing the book I will explain that we are going to be making tamales. I have a recipe for tamales from <http://www.cooking-italian-food.com/tamales.htm>. I will have the ingredients ready and have set up a time to use the cafeteria. We would make our own tamales and eat them. Then we would discuss what foods make up tamales. We would list these on the board in the food pyramid. We would talk about the different kinds of food that different cultures

eat. We would make a list of foods from other cultures and talk about whether they are healthy or unhealthy foods. If one culture does not eat meat and another eats mainly meat then we would discuss how this could affect a person's health. We would do this with many different foods and group the foods in the food pyramid. Then we would talk about our own culture and the healthy and unhealthy foods we eat. After we have different foods on the board in the different food groups, I would have the students make a list of a healthy diet using foods from different cultures. They would have to have foods from each food group and explain their reasons.

Standard:

2.5.2

Write a brief description of a familiar object, person, place, or event that:

- develops a main idea.
- uses details to support the main idea.

Activity:

The students will have to make a family tree. If they have the information available, they will need birth and death dates of their grandparents, parents, aunts, uncles, and siblings. They will be making a family tree and by each family member they have to write three characteristics. They will use their own knowledge about their family members and the help of their parents. We will begin the family tree in class and write down the names and order of the family members. Then at home they will be required to get the rest of the information. When they have the characteristics and dates of their family members they will put together a poster. They will share them with their classmates. Later they will use the descriptions about their families to write a story.