

First Year Seminar Class Activities: Fall 2015

All FYS students must complete **eight** activities, including the three required activities, one online activity, two in-class activities and two activities selected from the options at the bottom of the page.

Activities Required for all FYS Students: Must complete all three.

_____ **Study Skills & Time Management Workshop**, sponsored by Academic Support. Choose one of the available times & REGISTER for a time by signing up in the Success Center (2nd floor, JYSC). *All sessions are 50 minutes.*

Mon, Sept. 7, Hoff Room - JYSC: 11am-12pm, 12-1pm, 1-2pm

Tues, Sept. 8, Hoff Room - JYSC: 9-10am, 10-11am, 11am-12pm, 1-2pm, 2-3pm, 3-4pm, 4-5pm

Wed, Sept. 9, Hoff Room - JYSC: 9-10am, 10-11am, 11am-12pm, 12-1pm, 1-2pm, 2-3pm, 3-4pm

_____ **Career Expo**,* sponsored by the Office of Career and Professional Development. Mon, Sept. 28, 4-6 pm, Location TBD

* *Students must complete online interest assessment prior to the event (details provided in class).*

_____ **Title IX Training**, sponsored by Title IX Committee. Choose one of the 6 available times

& REGISTER for a time by signing up in the Success Center (2nd floor, JYSC). *All sessions are 50 minutes.*

Thurs, Oct. 1, Lahman Room – JYSC: 8-9pm

Mon, Oct. 5, Lahman Room – JYSC: 10-11am

Thurs, Oct. 8, Academic Center 101: 9:30-10:30am

Mon, Oct. 12, Academic Center 101: 10-11am **OR Lahman Room – JYSC:** 8-9pm

Thurs, Oct. 15, Academic Center 101: 8-9pm

Online Activity Required for all FYS Students:

_____ **Library Orientation Modules:** Access via D2L

- When using the completion form at the end of each module, **enter your full name** in the box provided to send your graded results. *Please note: You may want to print your graded certificate for your own records in the event of a technical glitch.*

In-class Activity Required for all FYS Students: Will be scheduled during class times by professor.

_____ **Writing Center Introduction** (brief, in-class orientation by director, Laura Turner-Reed) — Fri, Sep. 11

_____ **Gateway/WebAdvisor Orientation** (brief, in-class orientation by Registrar's Staff) — Fri, Oct. 16

Activity Options for all FYS Students: Must complete two of the following options.

_____ **Faith:** Any one of the following activities sponsored by Religious Life

- Attend a chapel service (Tuesdays at 5:55 pm, Petersime Chapel)
- Attend the VIA: Ken Medema on "The Power of Storytelling," Oct. 27, 7 p.m., Cordier
- Go on the Campus Interfaith Board fall "Sacred Spaces" trip (dates and destination TBD)

_____ **Diversity:** Any one of the following activities sponsored by the Office of Multicultural Affairs (OMA)

- Attend an OMA-sponsored student organization event/meeting
- Attend a Power Hour (see [OMA Events](#) calendar for scheduled topics)
- World Trivia Night (as part of International Education Week) – Monday, November 16, 2015; 7pm; JYSC, Upper
- Celebrating Diversity Workshop (dates, times and location TBD)
- Safe Zone training (dates, times and location TBD)

_____ **Service:** Volunteer at ongoing events sponsored by the Center for Service Opportunities. For details on these opportunities, email ovs@manchester.edu.

- Community Dinner, 2nd & 4th Tuesday of every month, 4-6:30pm
- Peabody Retirement Home, volunteer opportunities every week including Bingo, shopping assistants, Happy Hour and game nights.
- Online Mentor for 8th & 9th graders via Skype, 45min-1hour/week.

_____ **Community:** Attend the Activities Fair, JYSC, sponsored by Student Activities **and** one [student club/organization](#) meeting, as advertised, Thursday, August 27 from 5:00 – 6:30 in the upper JYSC

_____ **Integrity:** Attend one of the following events, sponsored by Health & Counseling Services

- VIA - Solo Cup Culture: Minimizing the Risks of an Alcohol-Soaked Campus Climate, Monday, September 21, 7:00 pm, Cordier
- Wellness Fair; Tuesday, October 6, 7:00am – 11:00am, JYSC
- Complete *e-Checkup to Go* online alcohol education course – course available on Gateway and Wellness Services website.