

Trey Forbes

Reflection

This past week was a week where my plans were useless for elementary. There was a reading program on Wednesday afternoon, so the classes that needed to finish their punt, pass, and kick were unable to do so. This made my plans all messed up for the rest of the week, so I really focused on having intense fitness games. Overall the week went very well, and it made me realize that I need to take a break from the planning sometimes just to have fun days.

Things with this week went great. I slowly eased him into some volleyball skills and towards the end he was serving the ball over the net. I quiz him daily over the basic skills of volleyball such as the serve, set, and bump (pass). I really want him to comprehend the skills needed to play the game. In addition, I am also slowly implementing warm-up exercises with him. He used to just come straight out of the locker room and sit down, but now I have him complete his laps, and then do jumping jacks. I have slowly added more jumping jacks each day, but plan to add more exercises as we go on. He is able to do all the skills, he just lacks the willingness and support from teachers/aides. I truly hope they see he is able to complete these skills with some help and continue to do so after I leave.

Lastly, the weeks are going by very quickly and smoothly. Everyone else has had a week off from teaching because of their placement changes, which would have been nice, but I cannot complain at all where I am at. I have learned a ton of things about myself and about the teaching profession already, I'm sure I will learn many more things in the last seven weeks.