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IAHPHERD Conference
Professor Duchane
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IAHPHERD Reflection

- 1) 9:30 Classroom Management for PE/Health Settings: Evidence Based Best Practice Strategies that Work. Azure Dee Smiley, Heidi Hancher-Rauch, Lindsay Urbani, and Kristi Quagley
 - During this session, two students from the University of Indianapolis spoke about management strategies inside the classroom. I did not really pick up any new strategies that we have not already been taught, but it was good hearing about other situations that could occur. Some main points the presenters talked about were teaching vs. babysitting, organization skills, equipment management, and addressing culture & exceptional needs.
- 2) 12:30 In Step with Technology. Mindy Welsh, Pat Watko, and Lisa Farley.
 - During this session, the presenters spoke mainly about pedometers. I expected the session to be more about updated and new technology to use, but it was focused on pedometers. The first presenter spoke all about pedometers and how she utilized them in her classroom. The second presenter also spoke briefly about pedometers but also spoke some about the FITT principal. The last presenter spoke about NASPE and health related physical fitness & skill related physical fitness.
- 3) 1:30 Major Madness. Lisa Farley, Jennifer Brassie, and Justine Verbich.
 - This session was very interactive and got all of us moving. Mr. Nave spoke about his position within CFP and why it is a good organization. After his speech, we got into groups and went to different stations to perform different games/tasks. Some of these activities were jump rope and hillbilly golf.
- 4) 2:00 Hike it, Strike it, Roll it, Control it. John Thomson
 - This session was by far the best and most educational session that took place. John Thomson was the national PE teacher of the year and taught so many important things. This session got us intrigued and even challenged us at one point. He was able to teach us all how to build up to activities and progress to more challenging things, yet keep the class still under control. Mr. Thomson was very interesting and I learned so much from him in just that small hour.
- 5) 4:00 & 5:00 College Social/CFP Awards & All Conference Social
 - This session was targeted for all professionals to attend and socialize with others. There were mini activities and drawings that were present. The college social was mainly for the college students, but the all conference social was for the entire conference. At the all conference social, there was snack food available and Professor Hatch gave out 4,000\$ worth of prizes. Unfortunately, I did not win anything.