

ARCHERY SAFETY RULES
ESS 206 Teaching Individual and Dual Activities

- 1. Do not wear loose fitting clothing (i.e., shirt sleeves) or dangling jewelry (i.e., bracelet, watch) when shooting.**
- 2. Carry arrows with points toward the ground; never run with arrows in your hand.**
- 3. Inspect bow and arrows before shooting; always check to see if the string is properly placed at both ends of the string notch before starting to shoot.**
- 4. Do not release a fully drawn bow without an arrow.**
- 5. Obey all commands given for shooting and retrieving arrows.**
- 6. No fooling around or horseplay on the shooting line.**
- 7. When drawing an arrow, always point down range toward target.**
- 8. Arrows that fall from the bow in front of shooting line are considered shot.**
- 9. Arrows should be retrieved only after the signal is given**
- 10. When not shooting, stay behind the other archers; stay alert when not shooting and remind partner of safety rules.**