Lesson Plan

**Lesson: Taking Care of Our Teeth Like Ms. T**  
**Length:** 15 minutes  
**Age or Grade Level Intended:** Preschool – ages 3-6

**Academic Standard(s):**  
ISTAR Standards  
Personal Care: Care of hands, face, and nose  
PK.4.3. Completes personal care routines.

**Performance Objective(s):**

- After participating in the tooth activities, the students will be able to tell at least one reason why it is important to brush our teeth.

**Assessment:**

At the end of the lesson, the teacher will ask each student to tell her why we brush our teeth. Acceptable answer (Not limited to these answers):

- They keep our teeth clean
- So they are white
- So they are healthy
- So they can stay strong
- Etc.

**Advance Preparation by Teacher:**

- Cut teeth out of yellow construction paper  
- Collect corn syrup, dish soap, white tempera paint  
- Small containers  
- Paint brushes or toothbrushes

**Procedure:**  
**Introduction/Motivation:**

What kind of teeth does Ms. T have? (Bloom’s: Knowledge) That’s right she has tall teeth. It is important for her to keep her teeth clean. How does she does she keep them clean? That’s right! She brushes them everyday, twice a day. We need to keep our teeth clean just like Ms. T.
Step-by-Step Plan:

1. Pass out a yellow tooth to everyone.
   a. Have them write their name on the back of the tooth. (If it is not legible then write it for them)
2. Ask the students what color teeth are supposed to be.
   a. Tell them that it is important to brush our teeth everyday so that we can keep them white.
3. Pass out a toothbrush to every student and a small container of the paint mixture.
   a. Mixture = 1 part corn syrup, 1 part white tempera paint, and 1 part dish soap
4. We need to help this tooth get white again!
5. Tell the students to paint the whole tooth with the “toothpaste” or paint mixture.
   (Gardner’s: Visual Spatial) (Gardner’s: Intrapersonal)
   a. Make sure they make it thick enough that the whole tooth is covered.
   b. During this time the teacher will ask each student why it is important to brush our teeth every day. She will record which students could not identify a reason.
   (Bloom’s: Comprehension) (Gardner’s: Verbal Linguistic)
6. Collect the teeth and put them on the drying rack. They will take a day or two to dry. Then make a hallway display with the teeth to show that our class keeps our teeth clean just like Ms. T.

Closure:

You did a great job cleaning those teeth. Remember that it is important for us to brush our teeth with a toothbrush and toothpaste at least two times a day to keep them white and healthy.

Adaptations/Enrichment:

Adaptations for AM Group – Some students may need one on one help to paint the tooth. At least one aide should at each table to make sure the students do not attempt to eat the paint mixture. Many of these students will need their names written for them.

Extensions for PM Group – For students who are excelling in this lesson, the teacher will introduce them to 2 new vocabulary words.

Plaque – bacteria on the teeth that eats enamel

Enamel – hard shell of he tooth that keeps it safe

Self-Reflection:

- How did the lesson go?
- Were the students able to give at least one reason?
- Did the art project help the students understand?
- Did the students understand the vocabulary?