

LESSON PLAN

Student Teacher: Mr. Williams

Grades: 4-6

Teaching Date: 9/24/09

Subject: Passing and receiving on the ground.
Standard(s): Standard 1: Students demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities. Standard 2: Students demonstrate an understanding of the movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities. Standard 5: Students exhibit responsible personal and social behavior that respects self and others in physical activity settings.
Performance Objective(s)/Indicator(s) Psychomotor: TSWBAT pass a ball to a partner using the inside of the foot 7 out of 10 tries. (5.1.1; 5.1.2; 5.1.3) TSWBAT receive a ball that is passed from a partner using the inside of the foot 7 out of 10 tries. (5.1.1; 5.1.2; 5.1.3) Cognitive: TSWBAT explain what part of the foot to use when passing and receiving and why, 8 out of 10 times. (5.2.2) Affective: TSWBAT follow correct rules of play while participating in soccer, limiting the number of accidental violations to 2 per class session. (5.5.2)
Equipment Needs: 8 soccer balls, 22 cones.

PRACTICE OPPORTUNITIES

Time	Instructional Activities (Detailed)
1:40-1:45	Introduction: See below.
1:45-1:52	Partner Passing <ul style="list-style-type: none">- Students pick partners and stand 10 to 15 yards apart.- First student passes the ball to the partner with the inside of the foot, keeping the ball on the ground.- The partner receives the ball with the inside of the receiving foot, obtaining control of the ball before passing it back.
1:52-2:00	Zigzag Soccer Passing <ul style="list-style-type: none">- Students line up in 2 lines across from their partners and at the end of the line of cones. Partners should be about 15 feet apart.- The partners in one line should have a ball. The first partner in line without a ball jogs forward to the first cone.- The partner with the ball will pass to the other partner, leading them so that they receive the ball on the run. The passer then runs to the cone in front of them.- The partner that now has the ball sends another leading pass back to the first partner. This continues to the end of the line of cones.
2:00-2:05	Closure: See below

PROCEDURES

Introduction (Set Induction):

Today we are going to practice passing and receiving to teammates, with the ball on the ground. Which part of the foot is best to use when passing or receiving a soccer ball?

When passing the ball, your form should look like this (Demonstration): Step beside the ball with your non-kicking foot, strike with the inside of the kicking foot at the ball's midline, and walk through.

When receiving the ball, you should have the inside of your receiving foot facing the ball, and just off the ground. (Demonstration): Give with the force of the ball so that it does not bounce away.

Why is it important to receive the ball first, before passing off again? Answers: So that we gain control of the ball. So that we can make a careful shot at the goal. So we do not pass to someone who is not ready.

Organizational Plan (How will students and equipment be organized?):

Partner Passing

Zigzag Soccer Passing

SKILL ANALYSES

Skills to be Taught	Teaching Cues
<p>1. Passing with the inside of the foot.</p>	<ol style="list-style-type: none"> 1. Step beside the ball with the non-kicking foot, with toes pointed toward the target. 2. Hit the ball using the inside of your kicking foot, striking in the middle of the ball. 3. Let your body follow through and walk forward.
<p>2. Receiving with the inside of the foot.</p>	<ol style="list-style-type: none"> 1. Let the inside of your receiving foot face ball. 2. Receiving foot should be just off the ground and in front of your body. 3. Give with the ball's force.

Closure:

Would someone please show me the correct way to pass the ball with the inside of your foot?

Would someone please show me the correct way to receive the ball?

What are the steps involved when passing the soccer ball?

What part of the foot do we receive the ball with?

Why do we receive the ball instead of kicking it immediately?

Next week we will review these skills and also practice receiving the ball in the air. What parts of the body will we be using to receive the ball in the air?