Emotional and Behavioral Disorders

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Introduction

• Famous People with ADHD
  – Jim Carey
  – Einstein
  – Bill Cosby
  – Robin Williams
Statistics

- 8.1% of all students, between the ages of 6 and 21 are classified under IDEA as having emotional disturbance (or behavioral disorders) (Mastropieri/Scruggs, 64)

* As of 2002, this was .72% of the school’s overall population
More statistics

- Boys outnumber girls in this category
- For every girl that has emotional/behavioral disorders, 7 boys do.
IDEA Criteria for Emotional Disturbance

• An inability to exhibit appropriate behavior under ordinary circumstances
• An inability to maintain relationships with peers or teachers
• An inappropriate affect such as depression or anxiety
• An inappropriate manifestation of physical symptoms or fears in response to school or personal difficulties
Causes of Emotional Disturbance

• Most behavioral disorders have no known cause

• HOWEVER, possible causes include:
  – Biological factors
  – Family factors
  – School factors
  – Cultural factors
Biological Factors

• Definition- genetic, biochemical, and neurological influences that interact and result in emotional disabilities.

• Some examples are: schizophrenia, autism, ADHD, Tourette syndrome.
Biological factors

• Each of the disorders listed, appear to have biological bases that interact with other factors that may contribute to emotional disturbance.

• However, Tourette syndrome and ADHD are not necessarily associated with emotional disturbance.
Family Factors

• Domestic violence
  – Considered to be a strong contributing factor to emotional disturbance.
School Factors

• Failure to accommodate for individual needs
• Inappropriate expectations
• Inconsistency
Cultural Environmental Factors

- Peer groups
- Urbanization
- Neighborhood factors
Helpful Teacher Hints

• Provide opportunities for students to be involved in the classroom, such as, distributing papers.

• Make sure the consequences of disobeying classroom rules are clear and concise.
  – Be sure to create rewards for following rules as well

• Be POSITIVE not *Punitive*!!!
Content Specific Adaptations

• English/ language arts– journal writing
• Math– Scale system incorporated in feelings
• Science– Take a nature walk outside
• Social Studies– Create peer groups for discussion
• Visual Arts– Choose pieces of work that inspire happiness!
Classroom Quiz

• Without looking at your slides!
• Can you name the four Causes of Emotional and Behavioral disorders?
• Is this a trick question?
  – Why?
Citation maker

- [http://oslis.org/resources/cm/apacitations](http://oslis.org/resources/cm/apacitations)
Examples

Most commonly recognized forms include depression, severe anxiety, and phobias.
Definitions

• Phobias:
Marked and persistent fear that is excessive or unreasonable, cued by the presence or anticipation of a specific object or situation (DSM- IV- TR, 213).

• Depression:
An illness that involves the body, mood, and thoughts, that affects the way a person eats and sleeps, the way one feels about oneself, and the way one thinks about things (Medterms.com).
Activity Break!!!!!!!

• What kind of phobias (if any) do you have?
Characteristics

Emotional Disturbance:
• Social Behavior:
  - less mature
  - inappropriate social skills
  - overly aggressive tendencies to adults/authority figures and other students/peers
  - socially withdrawn/appear socially isolated

(Mastropieri/Scruggs, 65)